

# Personal Annual Review Process

Many PKM and TFT experts advocate an annual review of your life and goals and whilst January 1st is a bit arbitrary, it still seems like as good a time as any to do some self-reflection.

“ Taking the time to perform an annual review is the most effective way I know of to edit your own narrative and be the author of your own life. Don't miss the opportunity.

Tiago Forte - [The Annual Review is a Rearchitecture](#)

## Resources

- <https://nesslabs.com/year-in-review>
- <https://fortelabs.com/blog/the-annual-review-is-a-rearchitecture/>
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